

# Receiving a terminal cancer diagnosis is so scary, my focus is on making memories with the family.

## **Background**

M name is Raina, I am 39 years old and live at home with my husband and 3 children, ages 11, 12 & 13.

I was diagnosed with secondary breast cancer to my liver in October 2023.

I was in a very low dark place after my secondary diagnosis. I felt lost and abandoned without any support, unsure of what help there was available for myself and my family.

**loneliness** 

# The gift

& Wellbeing

I was gifted a family ticket to Luminate, Walton Gardens via the charity STLFT.

This gift gave my family and I the chance to make memories and experience a beautiful light walk somewhere which we would not have been able to afford without this incredible kind gift. It made me feel like I mattered, and I wasn't just left out with no hope. I want to make precious memories with my boys, and Something to Look Forward To has given me that. Thank you so much!

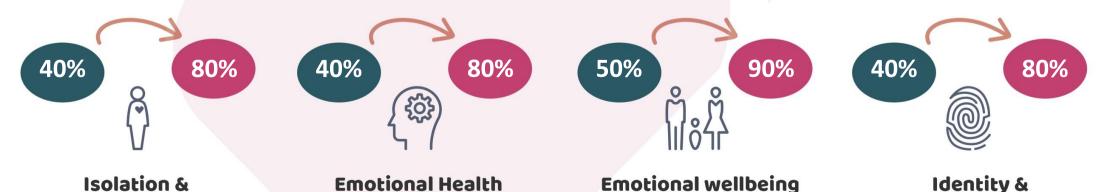
## A special thank you

The Walton Gardens Luminate walk was incredible! We enjoyed every step of the way, and it really got us in the spirit of Christmas!

My boys are getting a bit older now and I wondered how they would like it, but they absolutely loved it! And the hot chocolate churros and marshmallows went down a treat! A truly magical experience for myself and my family. Thank you!

Self Esteem

#### The stats below are in relation to how the recipient felt BEFORE & AFTER using our service



of carers, friends, & family