

# After my diagnosis, my family and I stopped making plans for the future.

### **Background**

My name is Victoria, I am 33 years old, and I live with my husband and 2 children ages 3 and 5.

I was diagnosed with stage 3 breast cancer in September 2023.

Since my diagnosis I have felt very lost and scared for the future of my family.

**loneliness** 

## The gift

& Wellbeing

I was gifted a family ticket to Luminate, Sandringham via the charity STLFT.

This was such a beautiful evening. My children were in awe of all the wonderful lights, and we had so much fun together as a family.

We feel that Christmas has truly begun! Such a lovely experience for us all.

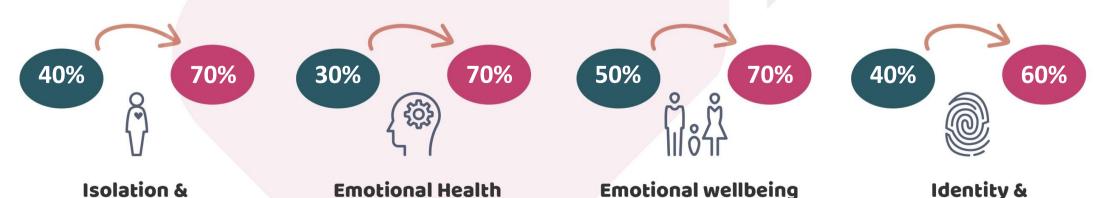
# A special thank you

It was such a perfect calm evening walk in a beautiful forest and the lights were so perfect.

It was also my daughter's birthday and the evening before my chemotherapy, so this was such a lovely and happy place for us all to feel at ease and relaxed. Thank you so so much.

Self Esteem

### The stats below are in relation to how the recipient felt BEFORE & AFTER using our service



of carers, friends, & family